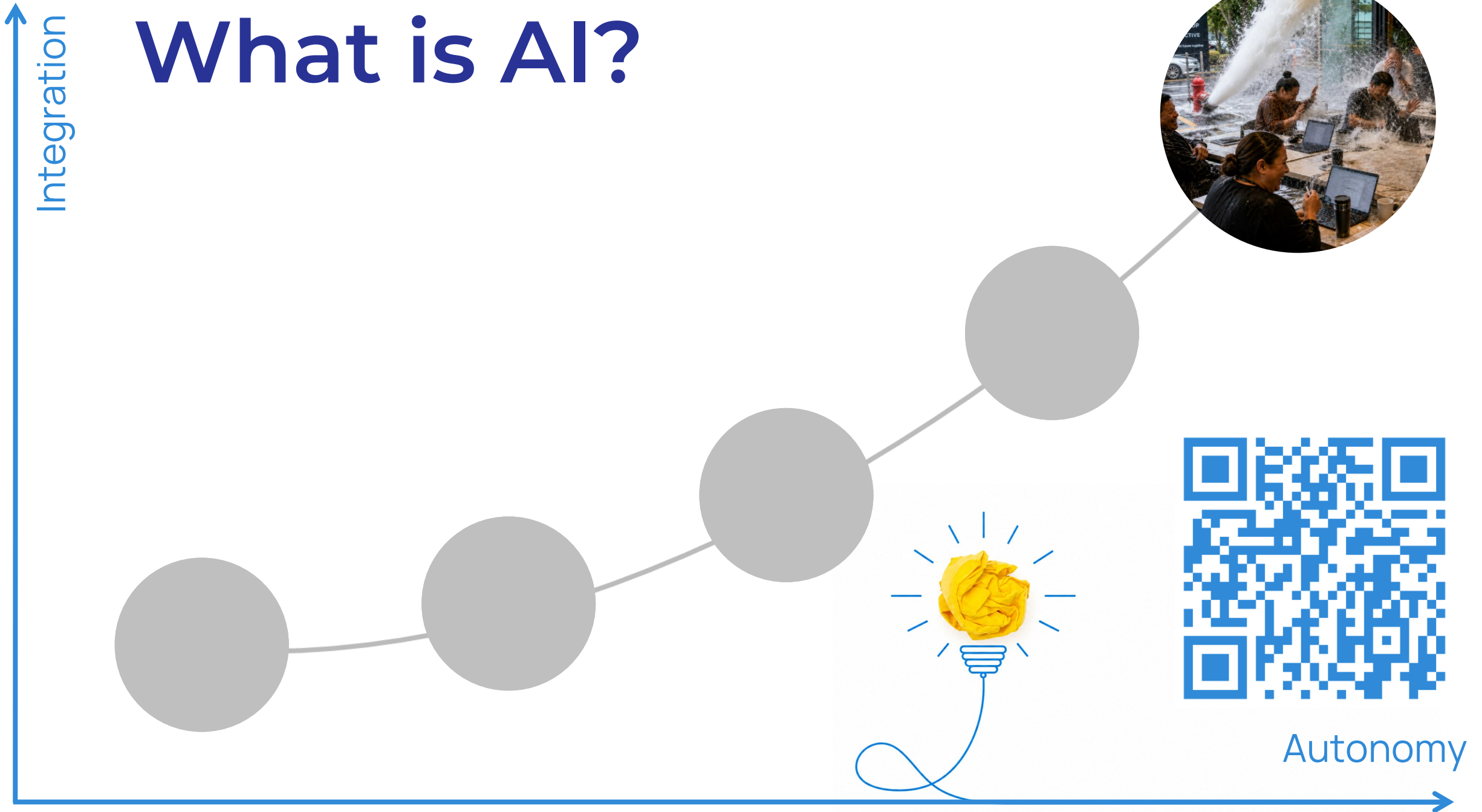


A.I. Blinks

Help you know what is possible so that your **blink** to use **AI** to make you **irreplaceable**



What is AI?



Integration

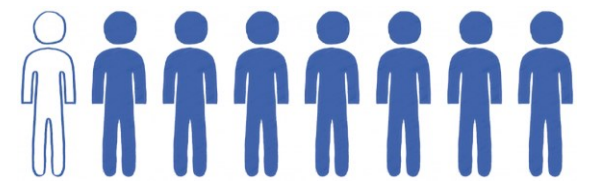
Large Language Models

Text Prediction



Predicts text,
like ChatGPT

Think of your
AI as the world's
Smartest Assistant



Autonomy



Of Tips &
Examples

Custom Instructions
change the game by
knowing more about you.



Critical Information

- Rules
- Shortcuts

AI Instructions

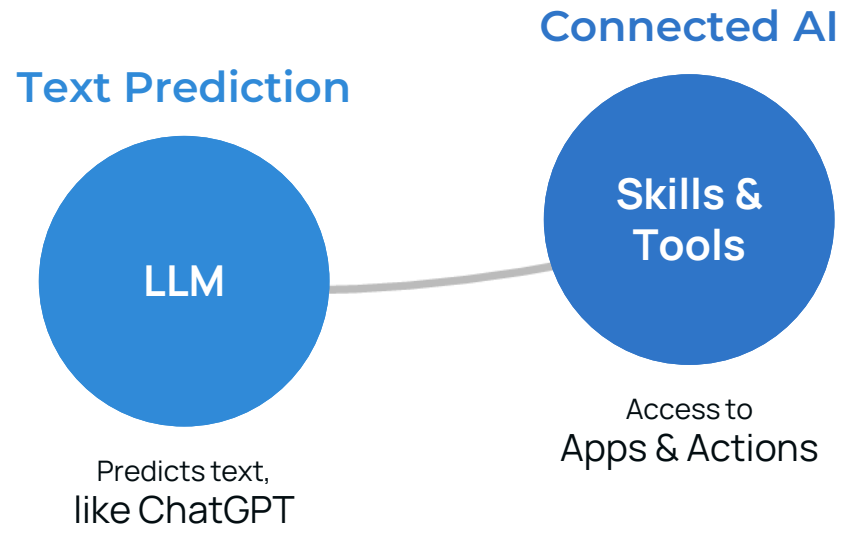
- About AiMe (my AI)
- Conversation Style
- Formatting

About Me

- Name
- Occupation
- More context about me
- More context about my work

Skills & Tools

Tools that connect you to other apps & Skills that make individual actions repeatable.



```

Name: Client Deep Dive Skill
Description: This skill is to be used by a sales coordinator to do a deep dive into a client before a discovery or training session. The goal is to understand the client's business.
---
### Scope
You role is to be a sales coordinator and do a deep dive into a client before a discovery or training session. You wil look at their website and companies website to understand why they are, what they do and what I should focus on.
### Steps
1. Review their website
  a. What do they do
  b. What is their competitive advantage
  c. Who are their key board members and staff
  d. What they working on
  e. What are their values (if any)
2. Identify ownership if possible
  a. Use companies. https://companies-register.companiesoffice.govt.nz/

```



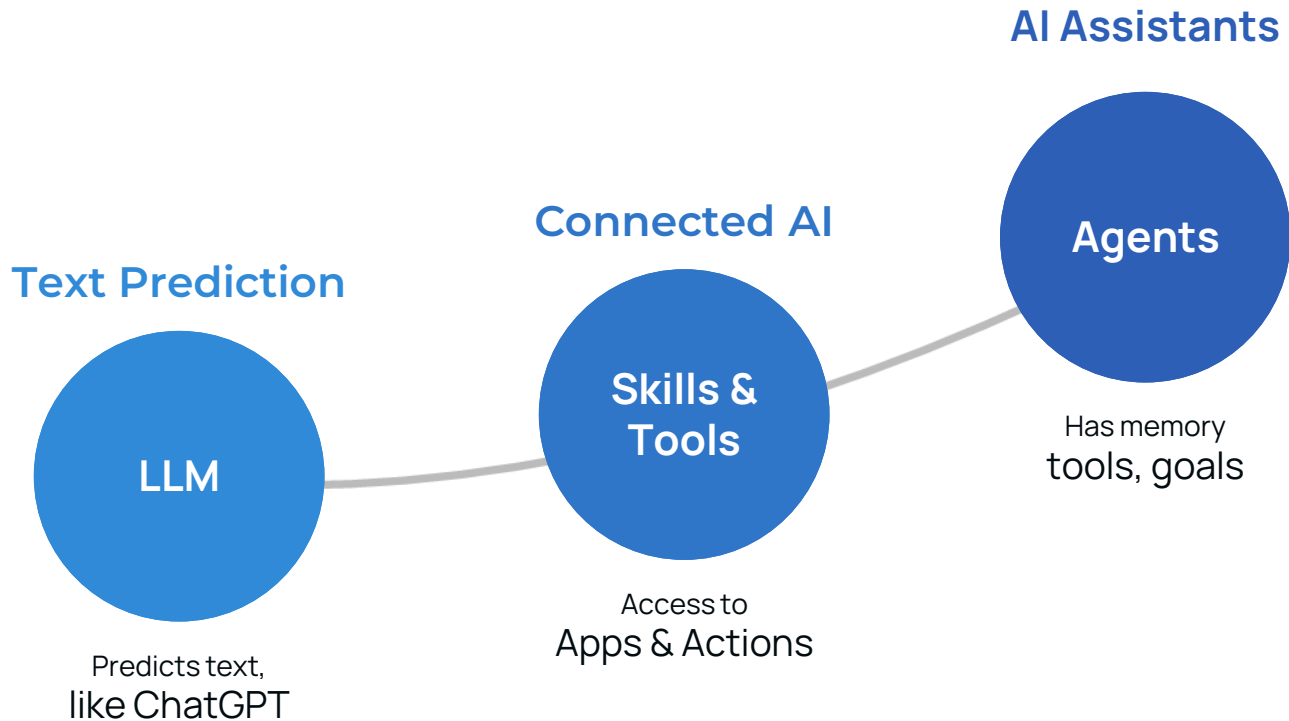
10 80 10

1. **C**ontext
2. **R**ole
3. **A**sks
4. **F**ormat
5. **T**ensions

Integration ↑

Agents

A single specialist agent for doing repeatable tasks that **anyone can use today!**



email : Hey excited to join you for AI foundations training, please bring your laptop, questions and ideas of something you would like to automate.



Subject: Reminder: Bring Laptop and Ideas for AI Foundations Training

Kia ora,

Looking forward to joining you for the AI Foundations training. Please make sure to:

What to Bring

- Your laptop
- Any questions you have
- One or two ideas for something you'd like to automate

Ngā mihi,

A



- ∴ **Chat GPT** ~ Custom GPTs & Agent Action
- ∴ **Microsoft Copilot** ~ Agent or Notebooks
- ∴ **Google Gemini** ~ Gems or LLM Notebook
- ∴ **Claude** ~ Projects



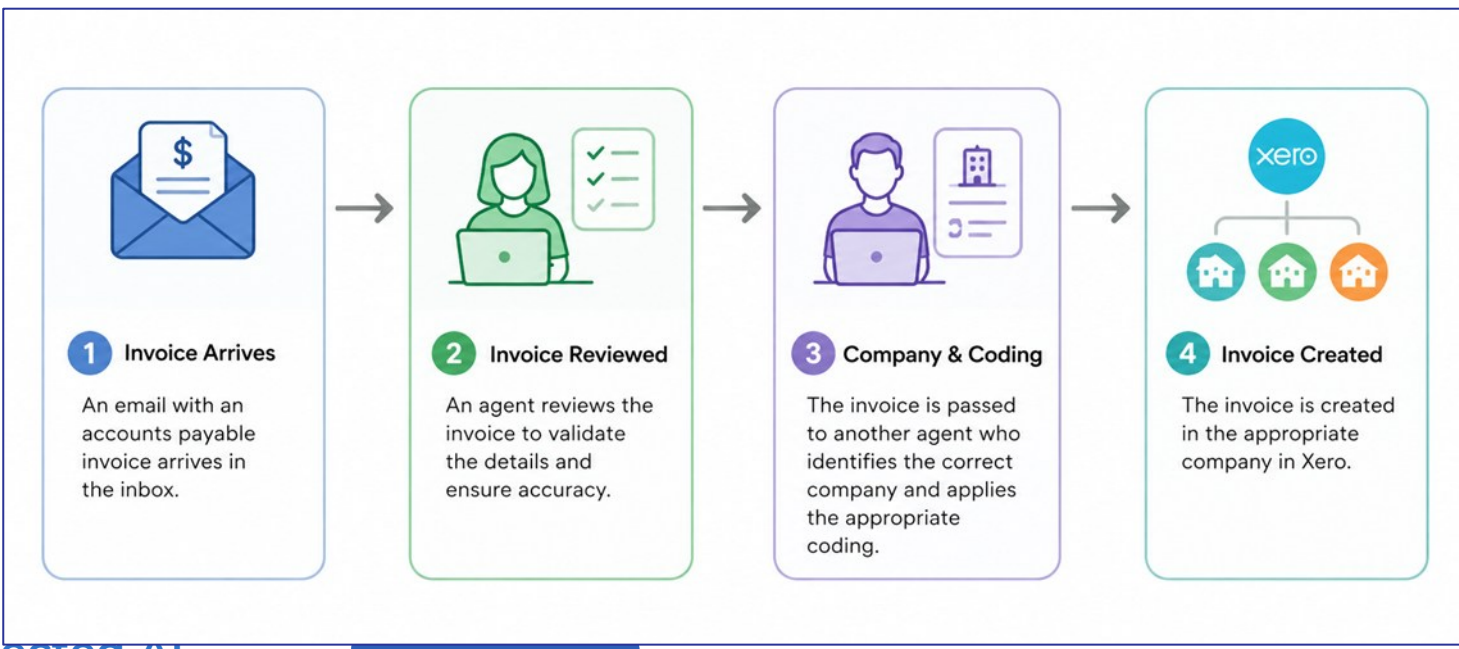
Write in **your tone** with
an **email agent**

1. Summary
2. Scope
3. Steps
4. Samples
5. Safeguards



Integration ↑

Agentic



Connected AI



Has memory tools, goals



Access to Apps & Actions

Text Prediction



Predicts text, like ChatGPT

Multi-step agents and workflows that automate tasks and **return real value now!**



Autonomy →

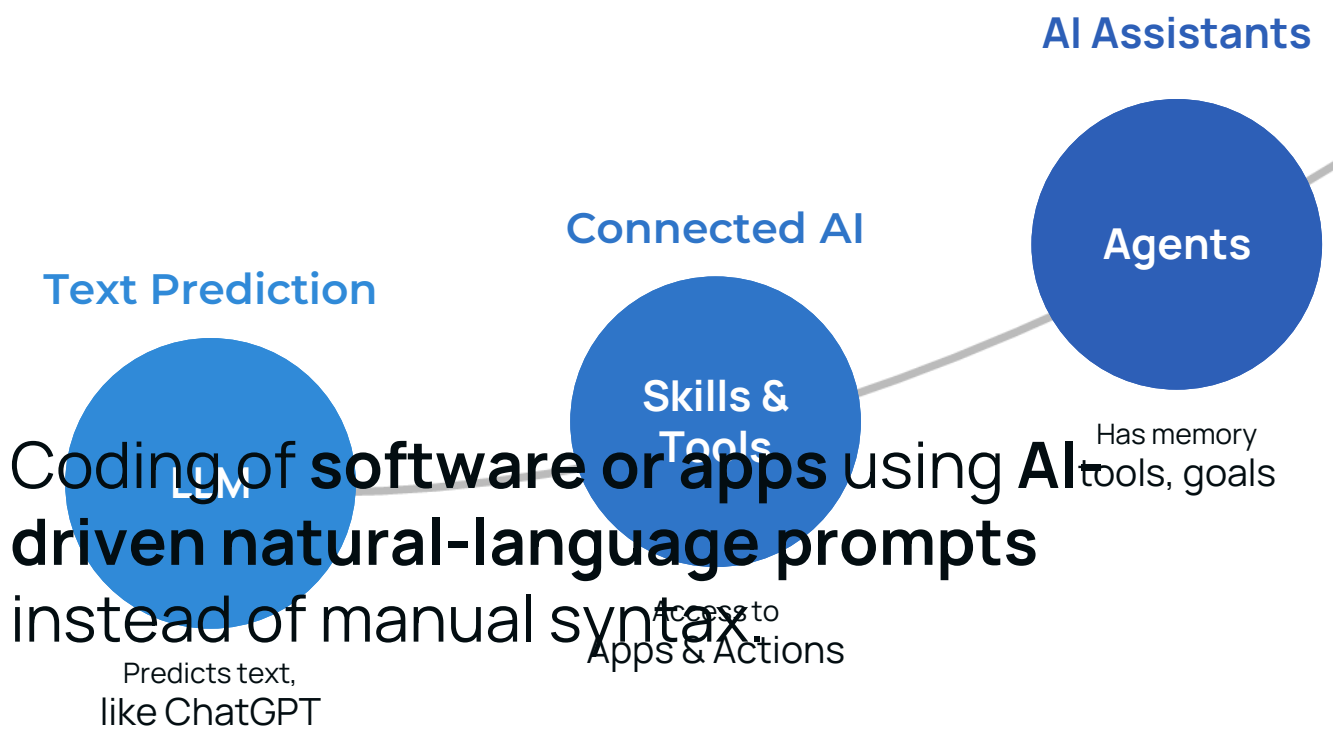


Just because it
couldn't a month ago

doesn't mean
it can't today

Integration

Vibe Coding



Autonomy

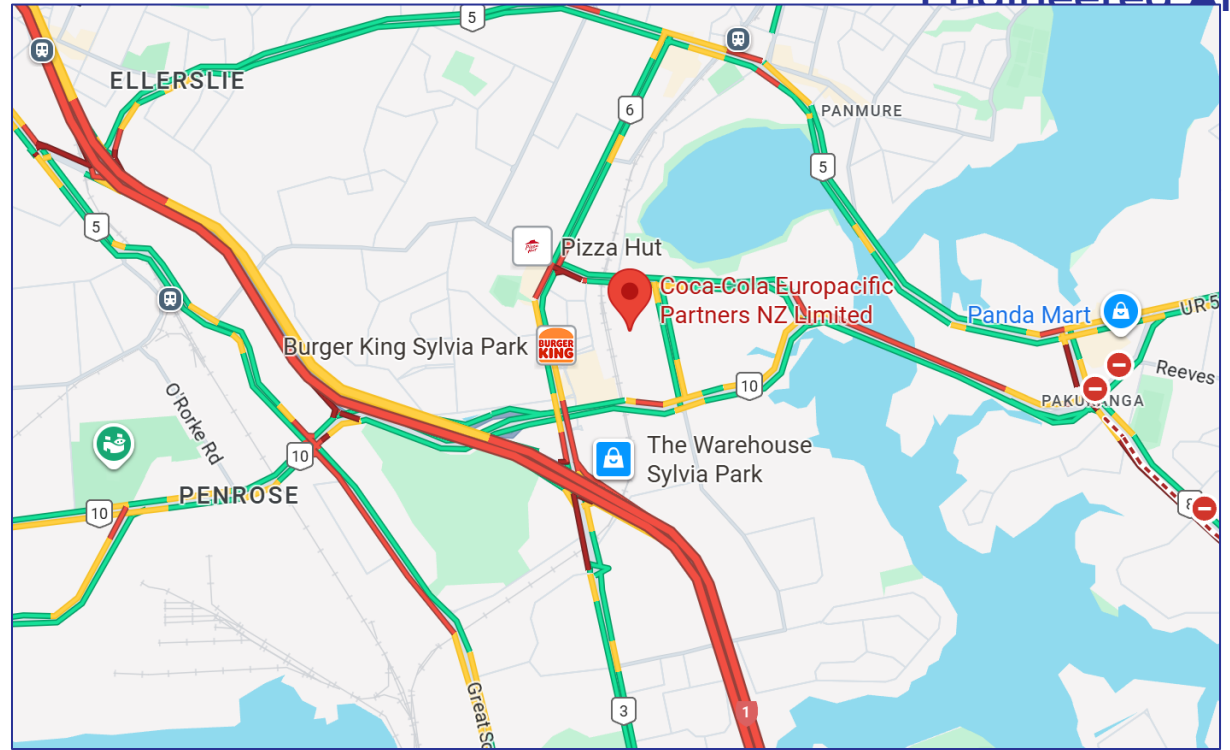


Try **Vibe Coding** Once

- ∴ Chat GPT - Codex
- ∴ Claude Code
- ∴ Replit
- ∴ Lovable

Full Agentic

Integration ↑



Acts autonomously in a system

Text Prediction

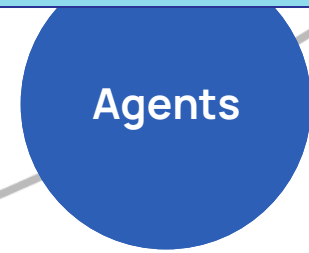


Predicts text, like ChatGPT

Connected AI



Access to Apps & Actions



Has memory tools & goals

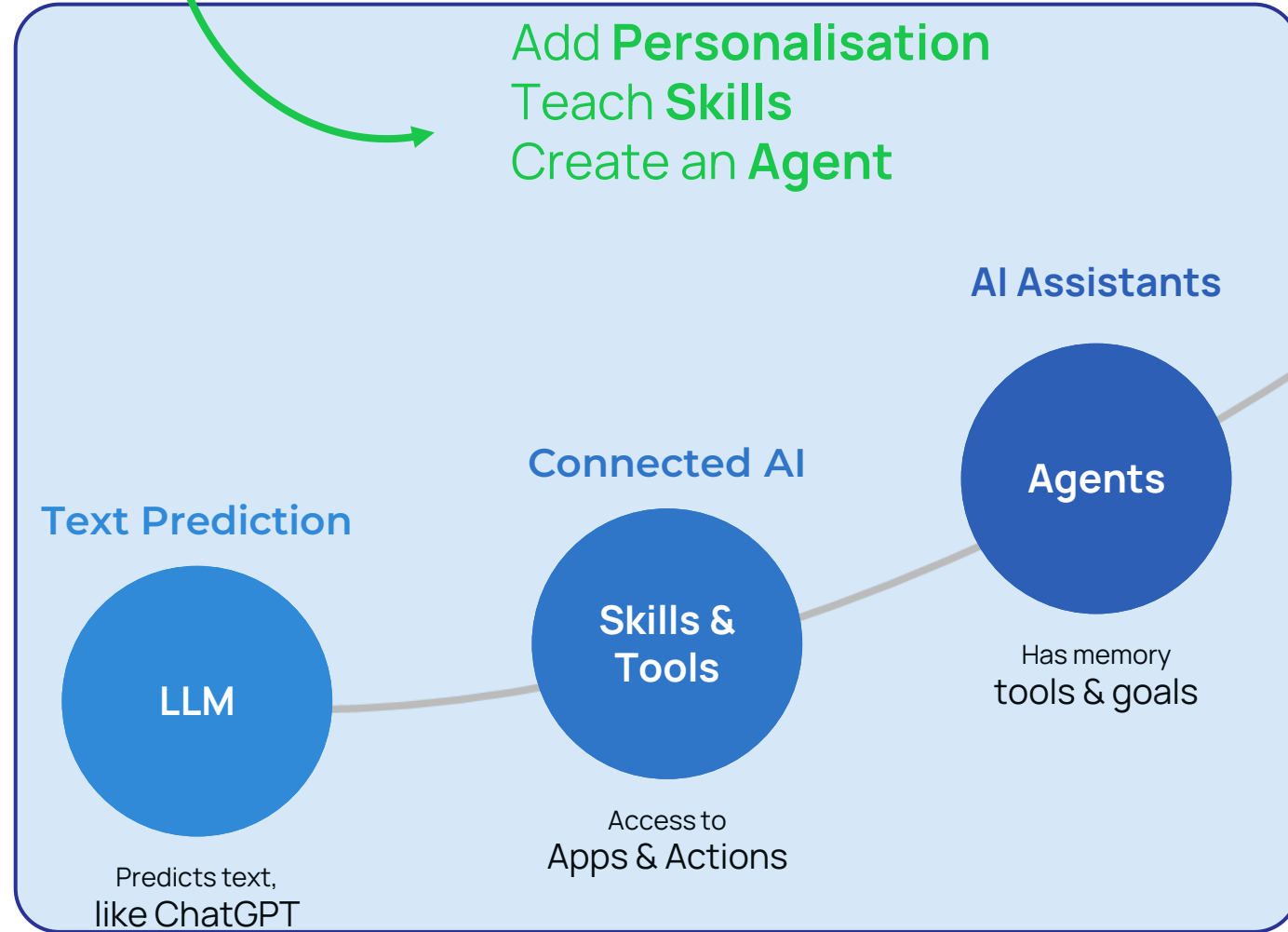
Large Autonomous Agentic tools that make decisions from interconnected systems.

Autonomy →

Integration

Irreplaceable starts here

Engineered AI



Autonomy

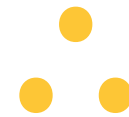
A blue and yellow WD-40 spray can is positioned on the left side of the image. The can has a white nozzle and a blue cap. The yellow label features the text 'WD-40' in large blue letters, and 'MULTI-USE PRODUCT' is written in smaller white letters along the bottom edge of the yellow section. The background is a blurred green field.

Experiments often fail!

Become comfortable with
learning, testing, & sharing
failure.



Get a Premium Version



Boy Math on Paid AI

\$100,000 cost - \$500 ai - 2000 hrs = 10 hours for ROI

12 mins per week!!



Safely ignore
the rules.

**Policies exist
to cover our
organisational
butts**



DONE *is*
Better than
PERFECT





Growth Time

Every Single Week

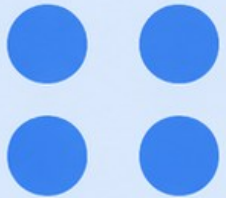
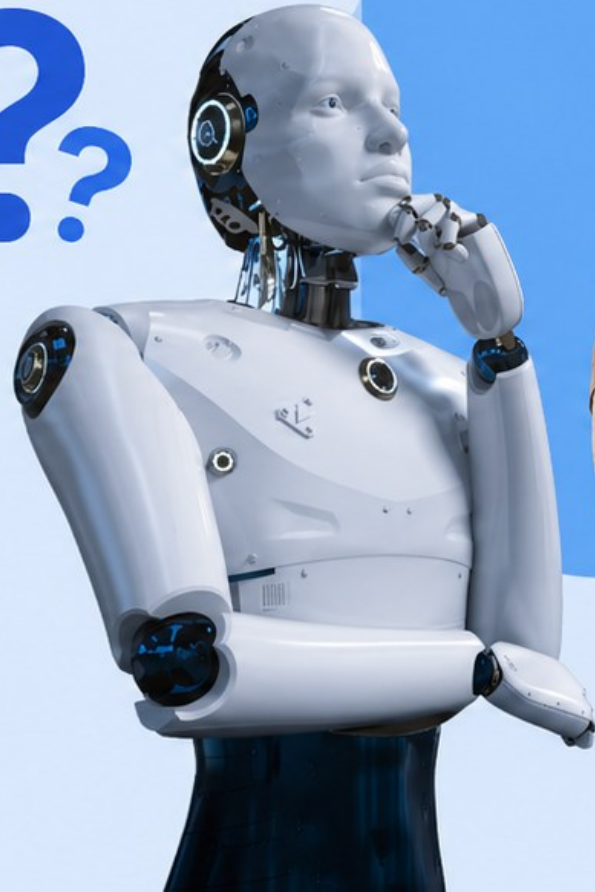
experiment for **30 mins**





Phew!!

Am I worried?





Real Living Human Beings



A Letter to My Kids

The future needs people who can do the hard work of navigating all the way to a solution.

The future needs people who provide humans with genuine authentic connection.

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